



London Borough
of Hounslow

Further Information

For more information please contact us:

Heston Pool
New Heston Road
Middlesex TW5 0LW

www.hounslow-leisure.com

Telephone: **0845 456 6675***

*Calls from BT max 5ppm, other providers may vary

Heston Pool



London Borough
of Hounslow

Price & Booking Information

2009 – 2010



Heston Pool



change
4 life
Eat well Move more Live longer

 fusion

	ADULT STANDARD £	STATUS CONCESSION £	ABILITY TO PAY £
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Swimming

Swim	3.30	1.45	0.50
Under 5's Swim	N/A	FREE	N/A

Group Swims

(Applies to groups of 4, 5, or 6. Minimum of one adult per group)

Per Adult	3.30	1.45	0.50
Per Junior	N/A	0.50	N/A

Spectator

	0.50	0.50	0.25
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Health Suite

Sauna – 90 minutes	5.35	4.35	2.05
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Sunbed

10 minutes	5.55	4.55	3.05
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Exercise Suite

Pay & Play Session	4.35	3.85	1.50
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Please enquire at reception for details of gym inductions

Fitness Classes

Hi / Lo Tone to Go – Day	3.35	2.35	1.50
Legs, Bums & Tums	4.10	3.05	1.50
AquaFit – 30 minutes	3.15	2.15	1.50
Hi / Lo Tone to Go – Evening	4.10	3.05	1.50
AquaFit – 45 minutes	3.35	2.35	1.50
Kundalini Yoga	6.05	4.95	1.50
Total Body	4.10	3.05	1.50
Circuits	4.10	3.05	1.50

Adult Sessions

Women's Session – Day	4.15	3.05	1.50
Women's Session – Evening	5.75	4.10	1.50

Children's Parties

Pool Parties	Individual junior swim prices apply		
Room Hire – 60 minutes	18.20	N/A	N/A

Notes

Early morning swim and gym tickets must be purchased in advance, for use Monday – Friday, 07:00 – 09:00.

Last swimming admission 30 minutes before closing.

How to Book

Members with booking rights can book 7 days in advance and pay at anytime before the booking takes place. Booking restrictions allow only 1 class/session and court per day, per member.

These can be booked 7 days in advance and the member booking the activity must take part.

Non Members can book 4 days in advance.

Payment must be made at time of booking.

Cancellation Policy

If you cancel any bookable activity, notification is requested at least 24 hours in advance or a charge will be payable (includes classes, inductions, crèche, sports hall and court hire etc.) Any activity not cancelled with 24 hours notice or not used will be charged at the full rate for all members.

Membership

Our membership scheme gives you unlimited access to a range of activities across six Leisure Centres at any time.

Payment options include Direct Debit, Prepaid and Pay & Play.

A range of discount schemes are available including Status Concession and Ability to Pay. Please refer to the membership brochure for details.

