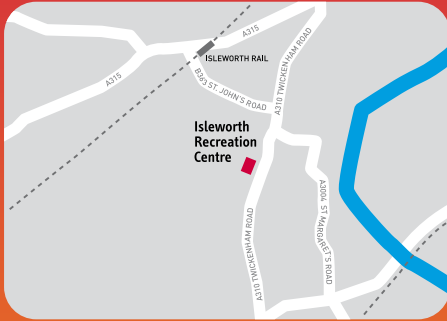




London Borough  
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## Further Information

For more information please contact us:



Isleworth Recreation Centre  
Twickenham Road  
Isleworth  
Middlesex TW7 7EU

[www.hounslow-leisure.com](http://www.hounslow-leisure.com)  
Telephone: **0845 456 6675\*\***

\*\*Calls from BT max 5ppm, other providers may vary

Isleworth  
Recreation  
Centre

change  
4life

Visit our website  
[www.hounslow-leisure.com](http://www.hounslow-leisure.com)



The centre programme is subject to change. Please visit the website for the most up to date information.



London Borough  
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# Centre Programme

## Summer 2010



Isleworth  
Recreation  
Centre



# Pool Timetable

- Adult & Toddler – child must be under 5yrs old.
- No under 16's in early risers swim sessions.
- Under 8's must be accompanied in the water by a responsible adult aged 16+.
- Last admission to the pool will be available half an hour before closing times shown.
- During school swimming times the Lagoon Pool will NOT be available for general swimming.
- The centre reserves the right to alter this pool programme, when necessary.
- Please note that the Teaching Pool is used for swimming lessons and school swimming. Please contact reception for times.
- Teaching pool closed between 07:00 – 09:00 during early riser swimming.
- \*Aquafit – these sessions take place in the teaching pool.

Lagoon Pool	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
Monday	Closed	Club Use Only	TERM TIME: Schools				TERM TIME: Adult & Toddler*	TERM TIME: Schools			Lessons		Club Use Only		General Swim		Closed
		Early Riser Swim	HOLIDAYS: General Swim						Lessons		Lessons		Club Use Only		General Swim		
Tuesday	Closed	Early Riser Swim	Schools			General Swim		TERM TIME: Schools		Lessons			Club Use Only		Closed		
		Club Use Only	TERM TIME: Schools						Lessons		Lessons	Club Use Only		Adult Lessons		Closed	
Wednesday	Closed	Early Riser Swim	HOLIDAYS: General Swim						Lessons		General	Club Use Only		Adult Lessons			
		Club Use Only	Schools				Adult & Toddler*		TERM TIME: Schools		TERM TIME: Lessons		General Swim	People with Disabilities	Adult Lessons		Closed
Thursday	Closed	Early Riser Swim	Schools			HOLIDAYS: General Swim			Lessons		Lessons		General Swim	Adult Lessons		Closed	
		Club Use Only	TERM TIME: Schools						Lessons			Family Swimming		Closed			
Friday	Closed	Early Riser Swim	TERM TIME: Lessons			General Swim		Pool Parties or General Swim			Closed						
		Club Use Only	HOLIDAYS: General Swim						Lessons		Lessons		Family Swimming		Closed		
Saturday	Closed	Early Riser Swim	Family Swim Session			Adventure Swim	General Swim		Club Use Only			Closed					
		Club Use Only	TERM TIME: Schools						Lessons		Lessons		Club Use Only		General Swim		Closed
Sunday	Closed	Early Riser Swim	Lessons			Adventure Swim	General Swim		Club Use Only			Closed					
		Club Use Only	TERM TIME: Schools						Lessons		Lessons		Club Use Only		General Swim		Closed

