

Public Skating Sessions	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00
Monday		General Skate				General Skate				Tea Time Skate				Twilight Skate	
Tuesday		General Skate				General Skate				Tea Time Skate		General Skate			
Wednesday		General Skate		Lunchtime Skate*		General Skate									
Thursday		General Skate				General Skate				Tea Time Skate		Disco Skate			
Friday		General Skate		Lunchtime Skate*		General Skate				Tea Time Skate		Disco Skate			
Saturday		General Skate				General Skate						Disco Skate			
Sunday		General Skate				General Skate									

* Wednesday and Friday Lunchtime sessions at 12:30 – 13:30 will only run from May to September.



Prices	Adult	U17s, 60+, Student Slice	Bonus Slice	Family Ticket Up to 2 adults and 2 children	Family Ticket Up to 2 adults and 3 children
General Skate	£6.40	£4.80	£1.90	£18.90	£23.10
Lunchtime Skate	£2.80	£2.80	£1.90		
Tea Time / Twilight	£4.10	£4.10	£1.90	£14.30	£18.40
Evening Skate Disco	£6.40	£6.40	£1.90	£22.00	£27.60
Skate Training	£5.40	£3.80	£1.90		
Skate Hire	Included with admission				
Learn to Skate Courses (6 lessons)	£41.80	£31.40			
Golden Blades 50+ (Mon - Fri 10:00 - 12:00)		£3.40	£1.90		
Guardian Fee	£1.00	Adult Spectator accompanying child skater			

Skate hire is included for all sessions

Where To Find Us

Oxford Ice Rink

Oxpens Road, Oxford, OX1 1RX

Tel 0844 8933 222*



Opening Hours

Monday 10:00 – 12:00, 14:00 – 16:00, 17:45 – 19:15 and 21:00 – 22:30
 Tuesday and Thursday 10:00 – 12:00, 14:00 – 16:00, 17:45 – 19:15 and 20:00 – 22:30
 Wednesday 10:00 – 12:00, 12:30 – 13:30 and 14:00 – 16:00
 Friday 10:00 – 12:00, 12:30 – 13:30, 14:00 – 16:00, 18:00 – 19:30 and 20:00 – 22:30
 Saturday 10:00 – 12:00, 14:00 – 16:00 and 20:00 – 22:30
 Sunday 10:00 – 12:00, 14:00 – 16:00

Your Other Centres Included:

Tel 0844 8933 222*

www.oxford.gov.uk/leisure

- Barton Pool**
Waynflete Road, Barton, Oxford, OX3 8GA
- Blackbird Leys Leisure Centre**
Pegasus Road, Blackbird Leys, Oxford, OX4 6JL
- Blackbird Leys Swimming Pool**
Blackbird Leys Road, Blackbird Leys, Oxford, OX4 6HW
- Ferry Sports Centre**
Diamond Place, Summertown, Oxford, OX2 7DP
- Hinksey Pool**
Lake Street, Off Abingdon Road, Oxford, OX1 4RP
- Temple Cowley Pools and Fitness Centre**
Temple Road, Cowley, Oxford, OX4 2EZ



* Calls from BT max 5ppm, other providers may vary.

If you need a translation, a **LARGE PRINT** version or a copy of this publication in another format please contact us.

We welcome your comments on our centres, programmes and services. Please use the customer carepoint at your local centre to give us your feedback.



Working in partnership with:



Fusion is a registered charity. Registered name of company is Fusion Lifestyle. Registered in England. Company Registration Number: 05324416. Company limited by guarantee. Charity Registration Number 1107737. Registered Office: 4 Bickels Yard, 151 – 153 Bermondsey Street, London SE1 3HA.

Ice Rink
 Activities, Times & Prices



Guidelines

Whichever session you may be interested in attending we ask that you follow these guidelines:

- Admission is valid only for session running at time of purchase.
- Fusion Lifestyle reserve the right to cancel or amend sessions.
- An adult/guardian must accompany all children under the age of 10, but does not need to skate.
- Permission to use cameras or videos must be authorised before any images may be taken.
- The Ice Rink is a no-smoking facility.
- There is strictly no re-admission to any session.

A complete list of etiquette can be viewed on our website www.oxford.gov.uk/leisure



Advice for safe and enjoyable skating

Clothes

- Wear what is comfortable and will keep you warm.
- Trousers and long sleeves are recommended.
- Caps and hats are not permitted unless safely secured.
- Scarves and long coats are not permitted as they can cause obstruction to yourself and other skaters.
- Gloves are recommended for all skaters.

Skates

- Make sure you select the right size of skates.
- When asking for skates please ask for the size you have in shoes, not a size bigger.
- You can change the skates you get if they are not the correct size.

Lacing up

- Tighten the laces from the bottom to the top of the boot.
- Ensure laces are sufficiently tight around the ankles, where you need support. The laces should be firm but not too tight.
- Make sure you use all the hooks on the boot.



Getting on the ice

- Get used to the feel of your skates by walking on solid flooring beforehand.
- Stand at the rink edge. Step onto the ice whilst holding the barrier.
- Keep you feet close together with you toes turned slightly out to give you better balance.
- Hold your arms out and slightly forward to maintain balance. Relax, bend your knees a little, and with your body weight leaning forward, take small steps on alternate feet

As your confidence builds, your glides will become steadier.

Falling down and getting back up

- If you feel yourself falling, try to stop your head hitting the ice. Keep your chin close to your chest and try to cushion your fall with your arms. When sitting or lying on the ice, keep your hands and fingers close to your body to protect them and to avoid tripping over other skaters
- If it is possible to get up on your own without assistance, get into a position where you are kneeling on one leg and push yourself up into a standing position.
- If you are unable to do so, please wait for assistance from a steward or a confident skater.

We hope these few tips will make your visit more enjoyable and rewarding. If you have any questions please speak to a members of staff.

Skating Sessions

General sessions – skating sessions open to all ages and abilities.

Lunchtime sessions – Wednesday and Friday one hour session open to all ages and abilities.

Teatime sessions – early evening skating sessions open to all ages and abilities.

Twilight sessions – Monday evening sessions open to all ages and abilities.

Disco sessions – skating sessions open to all ages and abilities. Special lighting effects, including ultraviolet and strobe lighting. Music is provided by the resident DJs and special guests.

Golden Blades – over 50's skating available on all weekday morning general sessions during school term time.

N.I.S.A Skate Training Sessions

Training ice for figure skaters with at least NISA level 3.

Adults	£5.40
Concessions	£3.80
Cool Slice	FREE
Bonus Slice	£1.90
Student Slice	£3.80

Learn to Play Hockey Sessions

Stick and Puck session – training for juniors aged 6 – 16 who want to learn to play ice hockey. Sundays at 16:30 – 17:10.

Juniors	£2.80
Equipment hire	£1.00

Club Sessions

Clubs can be contacted through their websites.

OXIST

Ice dance for all ages and levels. www.oxist.co.uk

Junior Skating Club

Figure skating for junior skaters of all levels. www.geocities.com/offisc/

Stars Junior Ice Hockey Club

Ice hockey for ages 5 – 18 years (beginners to advanced players). www.oxfordstars.com

Oxford City Stars

Senior hockey for elite players. www.oxfordstars.com

Midnight Stars

Women's Ice Hockey All ages welcome from beginners to advance players. www.oxfordladiestars.co.uk

Children's Birthday Parties

Parties are available on most public sessions. Our party package includes a 5 minute safety briefing, a 25 minute private skating lesson on exclusive ice with a fully qualified coach and half an hour public session skate. After skating, a room is provided for your party tea. Hirers are welcome to bring a cake and other refreshments. Our birthday parties are suitable for children aged 5 – 14 years.

For more information pick up the birthday parties leaflet

£89.50	for 10 children
£8.95	each additional child

Other Information

Student Discount

Available on all weekday morning and afternoon general sessions during school term time. Entry £4.80
Thursday evening disco sessions Entry £3.70
Must show a valid NUS or ISA card at time entry.

Group Discount

Available on all skating sessions for groups of 17 or more skaters, when booked in advance – 15% off per person.

Guardian Fee

All persons entering the rink must pay full admission price whether skating or not. The only exception is a guardian fee of £1.00 for non-skating adults accompanying a child skater.

Tuesday Evening Sessions

No hockey skates allowed and there is a short dance interval.

Sunday Morning Session

There is a short dance interval.



Learn to Skate Lessons

Group Learn To Skate Courses

Six week course with one, half hour lesson per week. Course includes skate hire and free admission to the session directly before or after the lesson. Saturday morning classes are available for ages 5-16 years. Tuesday morning classes are available for adults. Monday evening classes are available for ages 12-adult. Tuesday evening classes are advanced classes for ages 5-16 years.

All our courses are booked on a first come first served basis please check our website for upcoming course dates and booking periods. www.oxford.gov.uk/leisure/oxford-ice-rink

Holiday Crash Courses

One half hour lesson per day from Monday to Friday during school holidays are available for ages 5-16 years.

Price £26.20

Private Skating Lessons

Private Skating Lessons (during Public Sessions)

Please book directly with a teacher and pay at reception (maximum 3 people per lesson). The first person pays the lesson rate; additional customer pay single admission rate.

15 minute lesson

Standard	£12.80
Cool Slice	£8.70
Bonus	£10.60

30 minute lesson

Standard	£21.50
Cool Slice	£17.40
Bonus	£19.30

45 minute lesson

Standard	£30.20
Cool Slice	£26.10
Bonus	£28.00

Private Skate Lessons (before or after group lessons)

Skaters who are enrolled in the Learn to Skate course who book a Private lesson on the public session either before or after their group lesson pay at reception.

Private Skate Lessons (during Skate Training)

Please book directly with a teacher and pay at reception (maximum 3 people per lesson) only for Skate Training Session. Lesson fee is paid directly to skating teacher.

15 minute lesson	£8.75
30 minute lesson	£17.50
45 minute lesson	£26.25



Oxford Ice Rink is near the city centre, close to Oxford Railway Station, Gloucester Green Bus Station and local bus routes.

There is a pay and display car park next to the Rink and a multi-storey car park close by for additional parking.

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