

50+

Session designed especially for our more mature bathers, where the pool will be free of children, so you may fully enjoy the facilities.

Adults Only

Adult-only session designed to wake you up in the morning and help you unwind at the end of the day. Why not take a dip after your fitness class or gym session to help stretch out all those muscles?

Deep Water Aqua

This great class uses buoyancy belts and cuffs to support you in the water. It provides a workout that's harder than it looks! Suspended in the pool your whole body is working throughout the class. Booking is advisable for all classes.

Disabled Swim

A session set aside in the shallow end of the pool for our disabled users. The hoist is available for those who need it and the lifeguards will be on hand to assist. **Please note:** This is not a structured session and carers should accompany swimmers where necessary.

Family Swimming

The floor will be raised during these sessions so that the whole family can enjoy fun in the pool.

General Swimming

These sessions are suitable for all swimmers. Daytime sessions provide a more relaxed environment in the pool. Evening sessions tend to be a bit more lively! Where possible, a lane will be put in for swimmers while toys and floats will be available in the rest of the pool for those who want to play.

Inflatable

A fun session with our 15m inflatable. Not suitable for non-swimmers or children wearing buoyancy aids. **Please note:** The pool will be cleared prior to this session – entry is by wristband only.

Lane Swimming

Adult swimming sessions with the pool divided into lanes for all abilities of swimmer – a great way to start the day or get fit in your lunch break. **Please note:** Club swimmers of any age may join these sessions – proof of swimming club membership will be required at reception.

Shallow Aqua

Lo-impact exercise in the pool aimed at all levels of fitness including pre-natal exercisers. A fantastic way to shape up and tone using a range of equipment to aid buoyancy and add to the fun! Advanced booking is advisable for all classes.

Swim Club

Get more out of your swimming with a qualified coach on poolside to help you improve your fitness, stamina and speed. Junior swimmers must be ASA level 10 or equivalent.

Swim School

Pick up a prospectus at Reception or ask for further information regarding our learn to swim programme.

Toddler Splash

The floor will be raised for this session, so parents and under fives may enjoy splashing in the pool with toys and small floats. **Please note:** This session is open to under fives who are accompanied in the water by a competent adult.

The Weald Sports Centre pool timetable



The Weald Sports Centre
Angley Road, Cranbrook, Kent TN17 2PN
Tel: 01580 710720

This information is also available in LARGE PRINT
 at your local Fusion centre.

the weald
 sports centre

The Weald Sports Centre Pool Timetable

Main Pool	6.00	6.30	7.00	7.30	8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30		
Monday		Lane Swimming					General Swim					Lane Swimming					50+	Swim School					General Swim					Shallow Aqua	Adults Only					
Tuesday		Lane Swimming					Disability Swim			Swim School		General Swim		Lane Swimming					Schools			Swim School					General Swim					Swim Club		Adults Only
Wednesday		Lane Swimming					General Swim					Toddler Splash		Lane Swimming					Schools			Swim School					General Swim					Deep Aqua		Adults Only
Thursday		Lane Swimming					Toddler Splash		Schools					Lane Swimming					General Swim		Schools			Swim School		General Swim		Swim Club					Adults Only	
Friday		Lane Swimming					General Swim			Swim School		50+		Lane Swimming					General Swim			Swim School					Family Swim		Inflatable		Adults Only			
Saturday				Adults Only		Swim School					General Swim			Lane Swimming		Family Swim		General Swim					Private Hire											
Sunday				Adults Only		General Swim			Family Swim					Lane Swimming		General Swim					Family Swim			Swim Club					Adults Only					

Swim 'n' Save

Regular pool users can save £££s at The Weald Sports Centre.

- Swim membership offers you unlimited swimming for a small monthly payment – now available for juniors too!
- Swim tickets may be purchased in blocks of 20 from reception.

Pool Opening Times

Monday to Friday	06:30 – 22:00
Saturday	07:30 – 17:30
Sunday	07:30 – 22:00

Please refer to the timetables for individual session times

Private Pool Hire

The pool is available for hire on Saturdays from 5.30pm onwards.

Why not have a party with a difference? Invite some friends, book the whole pool and get splash happy! **Please note:** Under eights must be accompanied in the water by a competent adult (aged 18+) at all times, to a maximum ratio of 2:1.

The hire charge includes the provision of two lifeguards, the floor raised or lowered to suit your guests, plus the use of the large floats, rings, woggles and surfboards.

Extra fun comes in the shape of our giant inflatable. **Please note:** Due to its size and positioning, use will be strictly restricted to swimmers over eight years of age.

Our party room is also available for hire.

Prices are available from reception. Terms and conditions apply.

Non Term Time

Easter - Summer

Swimming crash courses (deep end only)

Monday to Friday

09:00 - 10:30

Monday to Friday - Inflatable Session

16:00 - 17:00

Information

The pool will be cleared at the end of every session.

We reserve the right to alter fees and services described in this leaflet.

Main Pool Admissions Policy

A responsible and competent swimmer should accompany children under 4 years on a one to one basis.

One adult may accompany up to two children under 8 years.

Public Swim Bookable Session Closed to the Public