

Main Pool Timetable 26th July to 29th August 2010

Mo	Adults Only 7.15 - 9.00	Lessons	Public 9.00 - 1.15	Lanes 12.00 - 1.15	Inflatable Super Session 1.30-3.00	CLOSED / CLUBS				
Tu	Adults Only 7.15 - 9.00	Lessons	Over 50's 11.00-12.00	Lanes 12.00 - 1.15	Inflatable Session 1.30-2.30	Public 2.45 -7.30	Aqua 7.30 - 8.15	Adults 8.15 - 10.00	CLUBS	
We	Adults Only 7.15 - 9.00	Lessons	Public	Lanes 12.00 - 1.15	Inflatable Session 1.30-2.30	Public 2.45 - 7.00	Adults 7.00 - 10.00		Closed	
Th	Adults Only 7.15 - 9.00	Lessons	Public 9.00 - 1.15	Lanes 12.00 - 1.15	Inflatable Session 1.30-2.30	Public 2.45 - 7.30	Adults 7.30 - 8.30	CLUBS		
Fr	Adults Only 7.15 - 9.00	Lessons	Public 9.00 - 12.00	Aqua 50's 50's Swim	Adults Public	Inflatable Session 1.30-2.30	Public 2.45 - 7.00	CLOSED / CLUBS		
Sa	CLOSED	Adults 8.00 - 9.00	Public Swimming 9.00 - 4.00			Inflatable 4.15 - 5.15	CLOSED / CLUBS			
Su	CLOSED	Public Swimming 8.00 -4.00				Inflatable 4.15 - 5.15	CLOSED / CLUBS			

The diving pit will be closed at certain times during the holidays. Lane lessons may be in progress during public swim times 9.00am - 11.00am. Wednesdays Aqua class is from 10.30 - 11.30 and limited swimming is available at this time. Lunchtime Lanes are for adults only and will take up half the pool. The diving pit is CLOSED 9.00 - 10.00 Monday to Friday for the week of 2nd and 16th August

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