

lifestyle membership

**For a free one-day trial text
Fusion + TWells to 81025**

Available in large print.

tunbridge wells sports centre

St Johns Road, Royal Tunbridge Wells, TN4 9TX **Tel 01892 540744**



Working in
partnership with



tunbridge wells
sports centre

www.fusion-lifestyle.com

Enjoy achieving your personal fitness goals, through a flexible membership package, in a friendly environment. With no annual contract, members have the unlimited use of:

The Lifestyle Gym

- Over 100 fitness stations.
- The latest equipment in pleasant, air-conditioned surroundings.
- 12-screen cardio-theatre.
- Free weights area.
- Upper and lower body resistance room.

Professionally qualified fitness instructors will develop a tailored exercise programme for you, and provide the encouragement and advice required to help you achieve your goals. Personal training sessions and fitness testing are available plus free programme updates.

Group Classes

- 3 exercise studios with over 50 classes FREE to members each week.
- Includes aqua, exercise and mind & body classes.
- Group cycling classes: beginners to advanced levels.
- Specialist classes and courses are available at discounted rates to members.

3 Swimming Pools

- 25m competition swimming pool.
- A baby-friendly teaching pool.
- Diving pit with high boards and spring boards.

Please check the Pool Timetable for session details.

Lifestyle members can also take advantage of:

- Telephone and online booking for classes and courts up to two weeks in advance.
- Discounts on racquet sports and sports hall hire.
- FREE 50+, a thriving sports club for the over 50s.
- 10% discount on leading brands from the Sports Shop.
- 10% discount on a wide range of beauty treatments from The Therapy Rooms.
- Favourable rates at Saplings day nursery/crèche.

Prices

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Membership Options	Lifestyle	Lifestyle couple	60+	60+ couple
Monthly direct debit	£44	£77	£27.95	£49.50
Annual upfront (2 months free)	£440	£770	£279.50	£495.00
Joining fee applies	£50.45	£50.45*	£29.60	£29.60*
Student & other concessions available				

Prices valid from April 2009 – March 2010

*Per person

How Do I Join?

Visit our membership lounge and one of our membership advisors will:

- Take you on a guided tour of our facilities.
- Explain the different membership options available.
- Help you fill in the application form, which includes a direct debit mandate (where applicable).
- Book your induction to the gym with an instructor.
- And finally...

...welcome you as a Lifestyle member.

For further information contact a membership advisor on **01892 507985** or email us at twsales@fusion-lifestyle.com.

Please note we cannot accept bookings or cancellations by email.

How Do I Join?

Centre Opening Times

	Off Peak	Peak
Monday-Friday	08.00-17.30	15.30-22.30
Saturday		08.00-17.30
Sunday	17.30-21.30	08.00-17.30

The Centre will close on Bank holidays.

Gym Opening Times – for members only

Monday-Thursday	06.45-22.30
Friday	06.45-22.00
Saturday	07.00-17.30
Sunday	07.00-20.00